



## NOTRE DAME ACADEMY BRAZILIAN SOCCER SKILLS AFTERSCHOOL PROGRAM

**Notre Dame Academy & BSM bring the best international soccer training to our school!**



**- LIMITED AVAILABILITY -**

The *BSM Brazilian Soccer Skills Afterschool Program* provides a fun, engaging, and positive experience for boys and girls. Students will learn creative soccer moves made famous by such soccer luminaries as Pele, Maradona, Romario, Ronaldo, Ronaldinho, Kaka, Messi, to name a few.

Uniquely structured skills-building activities are incorporated in combination with fun games. This is done through age-appropriate training focused on creative, individual techniques, in a motivating and positive-reinforcing environment. Your child will learn:

1. Individual techniques (receiving, juggling, dribbling, passing) through fun games
2. Teamwork & group awareness
3. Physical development & weight control
4. Discipline, concentration & positive thinking

**The most advanced players will be invited to participate in local and regional competitions with BSM Academy Teams.** Furthermore, through BSM Player Agency, elite players will be exposed to college team, professional club, and national team coaches, not only in the USA, but worldwide.

### **FALL-WINTER I SCHEDULE**

Day: Monday:	Grade: PK3 ~ PK4	9/11~1/22 (NO 10/9, 10/30, 11/6, 12/25, 1/1, 1/15)
Tuesday:	Grade: Kinder ~ 1 <sup>st</sup> beginner	9/12~1/16 (NO 10/31, 11/7, 12/5, 12/26, 1/2)
Wednesday:	Grade: 1 <sup>st</sup> advanced ~ 3 <sup>rd</sup> beginner	9/13~1/17 (NO 9/20, 11/8, 11/22, 12/27, 1/3)

***\*Players may be re-assigned to another group based on his/her performance.***

Time: 3:15PM~4:45PM

Location: Notre Dame Academy indoor gym

Registration / Fee: Option #1) 2 payments of \$210: [www.bsmelite.com/product-page/nda-2installments](http://www.bsmelite.com/product-page/nda-2installments)  
(14 sessions) Option #2) 1 payment of \$395: [www.bsmelite.com/product-page/nda](http://www.bsmelite.com/product-page/nda)

### **ALL PLAYERS MUST BRING:**

- \_Soccer ball (under age 7: size 3; ages 8~12: size 4; ages 13~up: size 5)
- \_INDOOR soccer shoes (no dress shoes, basketball sneakers, flip-flops, or sandals)
- \_Shin guards
- \_School gym uniform (On those days there is soccer, NDA allows students to wear school gym uniform.)
- \_Plenty of water (no soda)

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